



Apple Pancakes

Ingredients:

- 3 eggs, separated
- 3 tablespoons sour cream
- 1 apple, peeled and finely chopped
- 3 tablespoons flour
- 1 teaspoon baking powder
- 1/2 teaspoon cinnamon



Directions:

- Separate eggs and add sour cream, apple, flour, baking powder and cinnamon to the yolks, stirring well. Beat egg whites until peaks form, and fold into yolk mixture. Cook on hot, lightly greased griddle until golden brown. Delicious served with a dollop of sour cream and maple syrup.
- Makes 1 Batch.