



Apple Brown Rice Stuffing

Ingredients:

- 1/2 cored, diced red apple
- 1/4 cup chopped onions
- 1/4 cup sliced celery
- 2 2/3 tablespoons seedless raisins
- 1/4 teaspoon poultry seasoning
- 1/8 teaspoon dried thyme
- 1/8 teaspoon black pepper
- 1 teaspoon margarine
- 1 1/2 cups cooked brown rice, cooked in apple juice
- 2 2/3 tablespoons rice bran
- 2 2/3 tablespoons slivered almonds, toasted
- 2 tablespoons apple juice



Directions:

- Cook apple, onions, celery, raisins, poultry seasoning, thyme, and pepper in margarine in large skillet until vegetables are tender crisp. Stir in remaining ingredients. Cook until thoroughly heated.
- Makes 2 Servings.