

Damage, sensitive, or sunburned, skin you may want to try a butter facial mask Recipe:

Ingredients & Directions :

- You will need a tablespoon of unsalted butter that you have softened, and
- a large mashed up strawberry.
- If you have normal to dry skin use a 1 inch slice of cucumber pushed through a sieve,
- use a tablespoon of lemon juice for oily skin, or
- try adding 1 egg yolk if you have very dry skin.
- In a bowl, beat the butter and your chosen ingredient.
- Apply the facial mask as soon as it is combined and leave it on your face for 10 to 15 minutes.

With a wet, warm washcloth, remove the mask.

With butter being a great source of vitamin A, this mask will really help your sunburned or damaged skin.