

# Homemade Egg Mask

## Ingredients & Directions :

- The egg mask can actually help tighten the skin, giving you a firmer face that is less wrinkled and less prone to sagging.
- To start, simply beat one egg white until it is stiff. Then you just smooth it evenly over your entire face. Leave it for 20 minutes, then remove the mask.
- You can also adjust the mask to suit your skin type by adding just one drop of lemon juice to the egg white if you have oily skin or putting in a bit of honey for dry skin. For acne treatment, you can make use of the skin on the inside of the shell.
- Just place the skin over the breakout and leave on for about 30 minutes or even overnight. This will help reduce the appearance of the acne.