

Homemade Honey Mask

Ingredients & Directions :

- This is a very easy facial mask. This beauty treatment has a cleansing effect, and the honey acts in the same way as an antibacterial. You need warm, runny honey.
- You can run your honey container under warm water or soften it in the microwave to get it to the desired consistency. However, do be careful when you use the microwave, as you may get the honey too hot.
- The idea is to get the honey warm and runny, not scalding. Once done, smear the honey evenly all over your face. Even those with sensitive skin can usually use this beauty treatment. You will start to feel as though your skin pulling after about two minutes.
- Now is the time to rinse the mask off with warm water, and followed with cold as soon as all of the honey is off of your face.